



“Pain is real but so is
HOPE.”

Our Work On **Mental Health**

Every individual should experience abundant life in its fullness of joy, strength of mind, body & soul.

What We Do

Understand & support effective community based mental health promotion through education, support & advocacy.

Build capacity in community based mental health.

Provide effective accessible, evidence based care for People with mental disorders in all our clinical services.

Contribute to the national understanding & knowledge of effective community based mental health promotion & community based services.

Our Approach

- Develop and document resilience models among young people to promote mental health & well-being.
- Strengthen health systems by building capacity and skills of health professionals and health workers for effective & accessible mental health care for communities.
- Build, document & disseminate effective models of community based mental health care.
- Identify, link & support people with mental illness for treatment, counselling, social support & self-sufficiency.

Our Activities

Capacity building of young people through curriculum for mental health resilience & well being

Building knowledge, skills and new attitudes in mental health among community members and health workers.

Peer led work with community groups including caregivers, PWMD* and young people

Advocacy for access to care and health system strengthening

Formation of community based disabled persons groups and community task forces for advocacy, support, community awareness and action

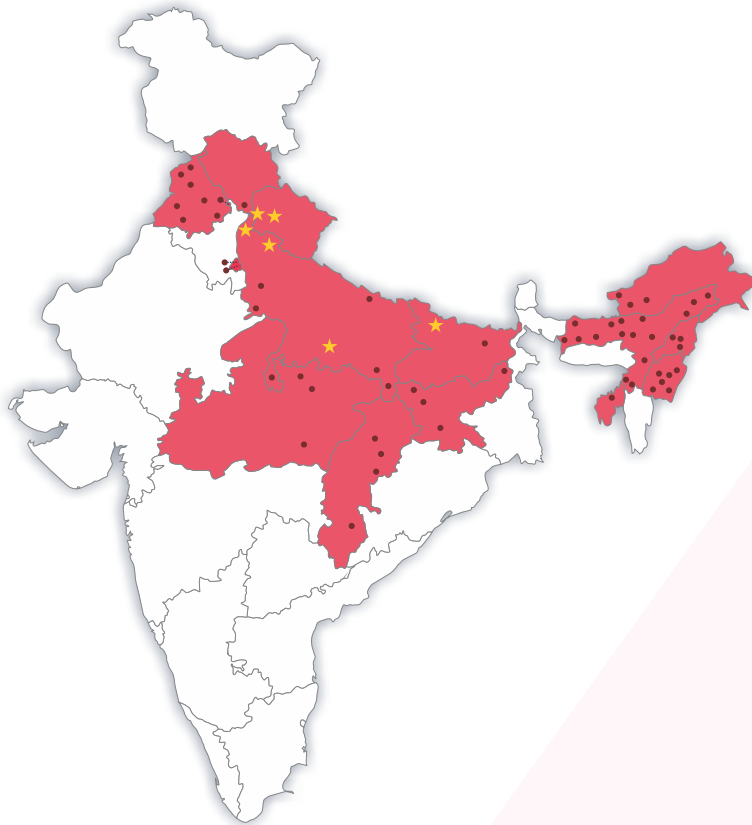
Financial and social inclusion for PWMD*

Livelihood, vocational rehabilitation and income generation programmes for PWMD*.

*Persons with mental disorders

Where We Work

EHA works in 65 districts of 14 states in India. The mental health programme is implementing through projects in 6 districts.



PROJECT LOCATION

Assam

1. Sonitpur
2. Udalguri
3. Karimganj
4. Baksa
5. Dhubri
6. Goalpara
7. Kokrajhar
8. Darrang
9. Morigaon
10. Nagaon
11. Karbi Anglong
12. Dibrugarh
13. Sivasagar
14. Tinsukia
15. Dima Hasao
16. Hailakandi

Arunachal Pradesh

17. East Kameng
18. West Kameng
19. Twang

Bihar

20. East Chmparan
21. Madhepura

Jharkhand

22. Palamu
23. Latehar
24. Khunti
25. Sahebganj

Chhattisgarh

26. Janjgir-Champa
27. Korba
28. Mahasamund
29. Bastar

Madhya Pradesh

30. Seoni
31. Chhatarpur
32. Panna

Uttar Pradesh

33. Fatehpur
34. Balrampur
35. Sonbhaddra
36. Lalitpur
37. Bijnor
38. Saharanpur
39. Agra
40. Aligarh
41. Mizapur

Uttarakhand

42. Dehradun
43. Tehri Gharwal

Delhi

44. East Delhi
45. North Delhi

Himachal Pradesh

46. Sirmaur

Tripura

47. Kumarghat

Punjab

48. Patiala
49. Ludhiana
50. Amritsar
51. Bhatinda
52. Faridkot
53. Firozpur
54. Gurdaspur
55. Kapurthala
56. Chandigarh

Manipur

57. Imphal West
58. Imphal East
59. Chandel
60. Ukhrul
61. Bishnupur
62. Churachandpur

Nagaland

63. Phek
64. Wokha
65. Zonheboto

● All Project Locations

★ Mental Health Projects Location